## **Black Infant Health (BIH) Program**

## **Annual Progress Report FY 14-15**

	For State Use Only
Agency Name:	
	Date Progress Report Received:
Agreement Number:	
	Date of Review:
SOW Reporting Period:	
	Reviewer Name:
	Reviewer Hairie.
Date Report Completed:	
Report Completed by (name):	

Contained within the BIH Annual Report, under the Measures (Process and Outcome) cells, there are Source Keys that are designed to provide a reference for reporting purposes. The "M" Source Key refers to information that is based on participant-level program data maintained in the MCAH BIH Management Information System (MIS) included in the MCAH-BIH-MIS. The "N" "Source Key refers to narrative information that should be provided by Local Health Jurisdiction Program Staff.

Goal 1: BIH will maintain program fidelity and fiscal management to administer the program as required by the BIH Program Policies and Procedures and Scope of Work and will assure program implementation, staff competency and data management.

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
LHJ Maternal, Child and Adolescent Health (MCAH) Director and/or designee (BIH Coordinator) will provide oversight, maintain program fidelity, fiscal management and demonstrate that it is conducting BIH activities as required in the BIH Policies and Procedures, SOW, Participant Data Book, Group Curriculum, and MCAH Fiscal Policies and Procedures.	<ul> <li>Annually review and revise internal policies and procedures for delivering services to eligible BIH participants.</li> <li>Submit Agreement Funding Application timely.</li> <li>Submit BIH Annual report by August 15, 2015.</li> <li>Submit BIH Quarterly Reports as directed by MCAH.</li> </ul>	<ul> <li>Briefly describe MCAH         Director and/or BIH         Coordinator responsibilities as they relate to BIH. (N)         LHJ Response:         <ul> <li>Provide organizational chart that outlines delineation of responsibilities from MCAH to the BIH Program.</li></ul></li></ul>	1.1
Each LHJ must have in place qualified personnel as outlined in the P&P.	At a minimum, the following key staffing roles are required:	<ul> <li>Describe process of hiring staff at each site that are filled by personnel who meet recommended qualifications in the P&amp;P. (N)  LHJ Response: <ul> <li>Include duty statements of all staff with submission of AFA Packet.</li> <li>Submission of all staff changes per guidelines outlined in BIH P&amp;P guidelines.</li> </ul> </li> </ul>	Percent of key staffing roles at site filled by personnel who meet recommended qualifications in the P&P. (N)  LHJ Response:
TRAINING 1.3 All BIH staff will maintain and increase staff competency.	Develop a plan to assess staff's ability to effectively perform their assigned tasks, including regular observations	<ul> <li>Describe training activities in which staff participated. (N) LHJ Response: <ul> <li>Maintain records of staff</li> </ul> </li> </ul>	MCAH-BIH-MIS Utilization     Reports for all staff at BIH     Sites. (M)     Completion of group

Short and/or Intermediate	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
	<ul> <li>of group facilitators.</li> <li>Identify staff training needs and ensure those needs are met, and notifying MCAH of any training needs.</li> <li>Ensure that all key BIH staff participates in training or educational opportunities designed to enhance cultural sensitivity.</li> <li>Require that all key BIH staff (i.e. MCAH Director, BIH Coordinator, and ALL direct service staff) attend mandatory MCAH Division-sponsored trainings, meetings and/or conferences as scheduled by MCAH Division.</li> <li>Ensure that the BIH Coordinator and all direct service staff attend mandatory MCAH Division-sponsored training(s) prior to implementing the BIH Program.</li> <li>Ensure that the BIH Coordinator and/or MCAH Director perform regular observations of group facilitators and assessments of FHAs' case management activities.</li> </ul>	participation in development activities and staff attendance at trainings. (N)  LHJ Response:  Describe how staff has improved their performance and confidence in implementing the program model. (N)  LHJ Response: List gaps in staff development and training. (N)  LHJ Response: Describe plan to ensure that staff development needs are met. (N)  LHJ Response: Describe how cultural sensitivity training has enhanced LHJ staff knowledge and how that knowledge is being applied. (N)  LHJ Response: Recommend training topics that could be addressed at statewide meetings. (N)  LHJ Response: Completion of group observation form.	observation form. (M)
DATA ENTRY  1.4  All BIH participant information and outcome data will be collected timely and accurately using BIH required forms at required intervals.	Ensure that all direct service staff participate in data collection, data entry, data quality improvement, and use of data collection software determined by MCAH.     Ensure that all subcontractor	Review data systems reports and discuss during calls with BIH State Team.     LHJ Response:     Enter all data into the MCAHBIH-MIS within 7 working days of collection.	Number and percent of enrolled cases that have not had any information/action entered into the MIS within two weeks of enrollment. (M)     Number and percent of participants with completed

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
DADTICIDANT	agencies providing direct service enter data in the MCAH-BIH-MIS as determined by MCAH.  • Ensure accuracy and completeness of data input into MCAH-BIH-MIS system.  • Ensure that all staff receives updates about changes in the MCAH-BIH-MIS and data book forms. Ensure that a selected staff member with advanced knowledge of the BIH Program, data collection, and the MCAH- BIH-MIS is selected as the BIH Site MIS lead and participates in all Data and Evaluation Committee calls.	LHJ Response:	participant recruitment forms. (M)  Number and percent of open cases more than 12 months after delivery date. (M)
PARTICIPANT RECRUTMENT/OUTREACH  1.5 All BIH LHJs will recruit, outreach and enroll African American women 18 years of age early in pregnancy.	Implement the program activities as designed.     Develop a Participant Recruitment Plan (standardized intake process) according to the target population and eligibility guidelines in CDPH/MCAH BIH P&P.     Recruitment plan is reviewed annually and updated as needed.	<ul> <li>Submit participant triage algorithm with submission of AFA packet.</li> <li>Participant Recruitment Plan will be reviewed annually and updated as needed.         LHJ Response:     </li> <li>Describe outreach activities performed in order to reach target population. (N)</li> <li>LHJ Response:</li> </ul>	<ul> <li>Describe deviations in outreach activities, noting changes from local recruitment plan. (N)         LHJ Response:         <ul> <li>Describe any program improvements resulting from participant satisfaction survey findings. (N)</li> <li>LHJ Response:</li> </ul> </li> </ul>
ENROLLMENT     1.6         • 100% of participants             enrolled in BIH will be             African American.          • 95% of participants will be             18 years or older when             enrolled in BIH.	<ul> <li>Enroll participants that are African American.</li> <li>Enroll participants during pregnancy.</li> <li>Enroll participants at or before 26 weeks of pregnancy.</li> <li>Enroll women that will</li> </ul>	1.6 Not Applicable	Number and percent of participants who are 18 years of age and older. (M)     Number and percent of participants enrolled at or before 26 weeks of pregnancy. (M)

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
<ul> <li>100% of participants will be enrolled during pregnancy.</li> <li>80% of participants will be enrolled at or before 26 weeks of pregnancy.</li> <li>100% of women will participate in group intervention.</li> </ul>	participate in group intervention.  Provide referrals to other MCAH programs for women who cannot participate in group intervention sessions.		
PROGRAM PARTICIPATION  1.7.1  100% of women will participate in prenatal group.  80% of women will participate in group within 30 days of signing consent.	1.7.1 Schedule participants in a prenatal group within 30 days of signing consent form.	1.7.1  Describe barriers, challenges and successes of enrolling participants in prenatal group within 30 days of signing consent form. (N)  LHJ Response:	1.7.1  Number and percent of enrolled participants who attend a prenatal group session within 30 days of signing consent form. (M)
<ul> <li>All BIH participants will receive complementary case management support as defined in the P&amp;P.</li> <li>At least 65% of all participants will complete all prenatal and postpartum assessments within the recommended time intervals.</li> <li>100% of BIH participants will receive referrals to services outside of BIH based on her ICP.</li> </ul>	Conduct complementary case management services that align with the Individualized Participant Plan. Collect completed selfadministered scaled questions as described in P&P. Collect the required number of assessments per timeframe outlined in P&P. Develop and implement an ICP for each BIH participant; complete all prenatal and postpartum assessments; provide ongoing identification of her specific concerns/needs, and referral to services outside of BIH as needed based on her ICP Conduct case closure activities.	Report number of prenatal and postpartum participants served. (M/N)     Report number and percent of participants included in outreach but do not enroll. (M)     Report number and percent of enrolled participants for whom the following actions are completed (M):      Intake procedures, including completion of an initial assessment and date of initial prenatal group.     Initial case conferencing     ICP/Life Plan     4 of 6 assessments     (prenatal participants)     Case closure, including Life	Number and percent of participants with completed prenatal and postpartum assessments, including Birth Plans at appropriate time intervals. (M)     Number and percent of new participants with completed initial case conferencing. (M)     Number and percent of participants with documented disposition of referral services. (M)

Short and/or Intermediate	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
	<ul> <li>Regularly conducting participant satisfaction surveys.</li> <li>Submit complete and accurate reports in the time specified by MCAH.</li> </ul>	Plan, ICP, and Assessments.  Process measures 1.7.2 listed above will be included in MCAH- BIH-MIS. No response necessary.	
1.7.3 All BIH participants will participate in Group Intervention Sessions.	<ul> <li>Schedule group sessions with guidance from State BIH Team.</li> <li>Conduct and adhere to the 20-group intervention model as specified in the P&amp;P.</li> </ul>	<ul> <li>1.7.3 <ul> <li>Percentage of enrolled participants who participated in group intervention. (M)</li> <li>Submit FY 2014-15 Group Session Calendar to MCAH-BIH Program upon request.</li> <li>Number and percent of enrolled participants for whom the following actions are completed (M): <ul> <li>7 of 10 Prenatal Group Sessions.</li> <li>7 of 10 Postpartum Group Sessions.</li> </ul> </li> <li>Process measures 1.7.3 listed above will be included in MCAH-BIH-MIS. No response necessary.</li> </ul></li></ul>	Number and Percent of participants who complete both the prenatal and postpartum group intervention. (M)
1.8 All participant and program data will be entered in the MCAH-BIH- MIS timely and accurately.	<ul> <li>Accurately and completely collect required participant information, with timely data input into the appropriate data system(s).</li> <li>Work with MCAH to ensure proper and continuous operation of the MCAH-BIH-MIS.</li> <li>Store Participant Data Book forms on paper per guidelines in P&amp;P.</li> <li>Define a data entry schedule for staff.</li> </ul>	Number and percent of participant records entered into the MCAH- BIH-MIS within 7 working days of collection on paper forms. (M)     Generate Standard Reports at least quarterly as a management tool to assess data accuracy and completeness. (M)     BIH Coordinator and/or FHA/Data Entry Staff shall conduct periodic audits of participant records and report results and number reviewed (minimum 10%).	Number and percent of enrolled participants that have information/action entered into the MIS within two weeks of collection. (M)     Number and percent of cases with completed recruitment forms. (M)     Number and percent of participating women with cases closed 12 months after delivery date. (M)

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
		LHJ Response:	

Goal 2: Engage the community to support African American families' health and well-being with education and outreach efforts.

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
BIH Coordinator and/or MCAH Director will elevate community awareness of African American birth outcomes and the impact on society.	Educate the community about the BIH Program by delivering standardized messages about poorer birth outcomes among African American women and about how the BIH Program addresses these issues.     Create partnerships with community and referral agencies that support the broad goal of the BIH Program, through formal and informal agreements.     Develop community awareness plan that outlines how community engagement will be conducted.	<ul> <li>Describe the local plan for community linkages, including an effective referral process that will be reviewed on an annual basis and updated as needed. (N)  LHJ Response:</li> <li>Briefly describe successes and barriers to community education activities or events. (N)  LHJ Response:</li> <li>List and describe formal and informal partnerships with community and referral agencies. (N)  LHJ Response:</li> <li>Briefly describe community efforts such as advisory board involvement, community collaboration to address maternal and infant health disparities, or other similar formal or informal partnerships. (N)  LHJ Response:</li> </ul>	• Describe community outreach activities conducted by BIH Coordinator and/or MCAH Director with submission of BIH Quarterly Reports. (N) LHJ Response:

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of the intervention)	Process, Short and/or (Report on these measure	rmance Measures Intermediate Measures res in the Annual Report) Short and/or Intermediate Outcome
	the intervention,	Process Description and Measures	Measure(s)
BIH Outreach Liaison will increase information sharing with other local social services agencies in the community and establish a clear point of contact.	Develop collaborative relationships with local service agencies in the community to establish strong resource linkages for recruitment of potential participants and for referrals of active participants.     Develop a clear point of contact (person/s) with collaborating community agencies on a regular basis as it relates to outreach, enrollment, referrals, care coordination, etc.	List the types of outreach performed along with materials used to educate community partners about BIH. (N)  LHJ Response:  List and describe barriers, challenges and/or successes related to establishing community partnerships and points of contact. (N)  LHJ Response:	Number of agencies where the Outreach Liaison has a clear point of contact and with whom information is regularly exchanged. (M)     Describe community outreach activities conducted by Outreach Liaison with submission of BIH Quarterly Reports. (N)

Goal 3: Increase the ability of African American women to manage chronic stress.

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Perfor Process, Short and/or (Report on these measur	Intermediate Measures res in the Annual Report)
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
All BIH participants will report increased social support and decreased social isolation after attending prenatal and/or postpartum group intervention and completing ICP/Life Plan.	<ul> <li>Implement the prenatal and postpartum group intervention with fidelity to the P&amp;P.</li> <li>Encourage participants to attend and participate in group sessions.</li> <li>Support participants in fostering healthy interpersonal and familial relationships.</li> <li>Report results from group facilitator feedback form, including description of participant engagement in group activities, for each group session.</li> </ul>	<ul> <li>Provide FY 2014- 2015 group intervention schedules upon request. (N)         LHJ Response:         <ul> <li>Number and percent of enrolled participants who participate in group intervention. (M)</li> </ul> </li> </ul>	Number and percent of participants who report an increase in social support as measured through the Social Provisions Scale – Short (SPS-S). (M)     Number and percent of completed group facilitator forms. (M)
All BIH participants will report increased self-esteem, mastery, coping and resiliency after attending prenatal and/or postpartum group intervention and completing ICP/Life Plan.	All activities are delivered with an understanding of African American culture and history.  • Assist participants in identifying and utilizing their personal strengths.  • Develop and implement an Individual Participant Plan (ICP)/Life Plan with each participant.  • Teach and provide support to participants as they develop goal- setting skills and create their Life Plans.  • Teach participants about the importance of stress reduction and guide them in applying stress reduction techniques.  • Support participants as they become empowered to take actions toward meeting their	Number and percent of participants who complete a Life Plan. (M)     Number and percent of participants who complete an ICP. (M)     Describe challenges/barriers why participants did not report an increase in self-esteem, mastery, coping and resiliency after attending prenatal and/or postpartum group intervention and completing ICP/Life Plan. (N)     LHJ Response:	Number and percent of women who clearly articulate at least one short and long term goal as part of their ICP.  (M)  Number and percent of women who report progress toward stated short term goals identified in their ICP. (M)  Number and percent of participants who maintain or increase self-esteem based on responses to the Rosenberg Self-Esteem Scale. (M)  Number and percent of participants who maintain or increase mastery based on responses to the Pearlin Mastery Scale. (M)  Number and percent of

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Process, Short and/or	ormance Measures or Intermediate Measures ures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)	
	needs.  Teach participants how to express their feelings in constructive ways.  Help participants to understand societal influences and their impact on African American health and wellness.		participants who maintain or increase coping and resiliency based on responses to the Brief Resilience Scale. (M)	

Goal 4: Improve the health of pregnant and parenting women, thus also promoting the health of their infants.

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
Objective(s)	the intervention)	Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
All BIH participants will be linked to services that support health and wellness while enrolled in the BIH Program.	Assist participants in understanding behaviors that contribute to overall good health, including:     Stress management     Sexual health     Nutrition     Physical activity     Ensure that participants are receiving prenatal care.     Ensure that healthy nutritious snacks are available during group sessions.     Provide participants with health information that supports a healthy pregnancy.     Ensure that participants have access to health insurance.     Identify participants' health and social needs and provide referrals and follow-up as needed to health and community services.     Provide information and health counseling to participants who report drug, alcohol and/or tobacco use.     Assist participants with completion of their birth plan.	<ul> <li>List and describe additional activities (e.g., Champions for Change cooking demonstrations) conducted that promote health and wellness of BIH participants.         <ul> <li>(N)</li> <li>LHJ Response:</li> </ul> </li> <li>Number and percent of participants reporting drug, alcohol and/or tobacco use who are provided information and health counseling. (M)</li> <li>Number and percent of prenatal participants who complete a birth plan. (M)</li> <li>Number and percent of participants receiving prenatal care by trimester of program initiation. (M)</li> <li>Number and percent of participants enrolled in WIC. (M)</li> <li>Number and percent of previously uninsured participants who obtained needed health insurance while enrolled in BIH. (M)</li> <li>Number and percent of prenatal participants who complete a birth plan. (M)</li> </ul>	Number and percent of participants whose health status improves over the course of their participation in BIH. (M)  Number and percent of participants and infants who obtained needed health and community services while enrolled in BIH. (M)  Number and percent of participants whose healthy eating behaviors improve over the course of their participation in BIH. (M)  Number and percent of participants whose physical activity increased over the course of their participation in BIH. (M)

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of the intervention)	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
		Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
4.2	4.2	4.2	4.2
All BIH participants will report an increase in knowledge and understanding of reproductive life planning and family planning services.	<ul> <li>Promote and support family planning by providing information and counseling.</li> <li>Promote and support interconception health.</li> <li>Help participants understand and value the concept of reproductive life planning as they complete their Life Plans.</li> <li>Help participants understand the characteristics of healthy relationships and provide resources that can help participants deal with abuse, reproductive coercion or birth control sabotage.</li> <li>Provide referrals and promote linkages to family planning providers including FPACT.</li> </ul>	Number and percent of participants who complete a Life Plan. (M)	<ul> <li>Number and percent of participants who attend a 4-6 week postpartum checkup with a medical provider. (M)</li> <li>Number and percent of participants who use any method of birth control to prevent pregnancy after their babies are born. (M)</li> </ul>
4.3 All BIH participants will be screened for Perinatal Mood	Help participants understand	Describe successes and	Number and percent of
and Anxiety Disorders (PMAD) and those with positive screens will be given a referral to mental health services.	<ul> <li>how mental health contributes to overall health and wellness.</li> <li>Help participants recognize the connection between stress and mental health and practice stress reduction techniques.</li> <li>Help participants understand the connection between physical activity and mental health.</li> <li>Administer the EPDS to every</li> </ul>	challenges in addressing mental health issues, including mental health referrals. (N)  LHJ Response:  Number and percent of participants who completed the Edinburgh Postpartum  Depression Screen (EPDS) 6-8 weeks postpartum. (M)	participants with "positive" EPDS screens who are successfully referred to a community mental health provider. (M)

Short and/or Intermediate Objective(s)	Intervention Activities to Meet Objectives (Describe the steps of the intervention)	Evaluation/Performance Measures Process, Short and/or Intermediate Measures (Report on these measures in the Annual Report)	
		Process Description and Measures	Short and/or Intermediate Outcome Measure(s)
4.4 All BIH participants will report an increase in parenting skills and bonding with their infants and other family members.	participant 6-8 weeks after she gives birth.  Help participants understand the symptoms of postpartum depression. Provide referrals and follow-up to mental health services when appropriate.  4.4  Assist participants in understanding and applying effective parenting techniques. Assist participants with completing home safety checklist. Assist participants with increasing knowledge of infant safe sleep practices/sudden infant death syndrome (SIDS), sudden unexplained infant death (SUID) risk reduction. Assist participants with completing birth plan. Assist participants with identifying and using bonding strategies, including breastfeeding, with their newborns.	<ul> <li>List and describe additional activities that enhance parenting and bonding. (N)  LHJ Response: <ul> <li>Number and percent of participants who complete the safety checklist. (M)</li> <li>List and describe additional activities on infant safe sleep practices/SIDS/SUID risk reduction. (N)  LHJ Response: <ul> <li>Number and percent of postpartum participants who initiate breastfeeding. (N)</li> <li>LHJ Response:</li> <li>Number and percent of prenatal participants who complete a birth plan. (M)</li> </ul> </li> </ul></li></ul>	Provide anecdotes/participant success stories about improved parenting/bonding with submission of BIH Quarterly Reports.     Provide anecdotes/participant success stories about infant safe sleep practices and SIDS/SUID risk reduction with submission of BIH Quarterly Reports.     Provide anecdotes/participant success stories about breastfeeding practices with submission of BIH Quarterly Reports.